



The Summer Leadership Challenge for Middle School is voluntary and is comprised of three experiences designed to challenge students beyond the required summer reading, in the areas of leadership, academics, and physical fitness.

1. Leadership

The leadership experience will expose the student to leadership and social environments of which they are unfamiliar. The expectations are as follows:

- Choose an activity, lasting at least one hour.
- Consider doing some light research on the intended topic before the visit. This will help the student understand what is being experienced and will add to their writing.
- Write a thoughtful, well-written paper which will be graded by your English teacher for a Leadership grade.
- Length of one to two pages minimum.
- Describe the experience in detail.
- Explain three specific insights into Leadership you gained through this experience.
- The experience should be educational in nature, including a historical, cultural, or experiential component.
- This should be an intentional effort on the part of the student and/ or the family to explore and discover something new in the area of leadership.
- This is separate from the usual summertime activities, such as summer camps or athletic/ physical challenges. The athletic/ physical component is covered by the President's Fitness experience.
- The student must earn a minimum grade of 80% on this paper to earn this portion of the challenge.

Please select a site, event, or activity that the student has not experienced before. Possibilities include, but are not limited to:

Visit or attend a service at a house of worship of which you are unfamiliar. Visit a waste dump or recycling center. Attend a meeting of the local town council. Tour a factory to see how something is made.

Visit an art museum

Visit an exhibition or performance.

Attend a ballet or classical music concert performance.

Any questions regarding the acceptability of an experience should be directed to your English teacher. The English department reserves the right to reject any experience that does not meet the criteria above.

Five Legacy Values: Leadership- follow me. Quality- set the standard high. Reliability- rely on me and my word. Allegiance- a sense of belonging to something greater than yourself. Reverence- born of the value of friendliness, caring, confidence, support, and a can-do attitude.

2. Academic

The academic experience involves a third reading, above and beyond the two required readings, and writing a second book report. This book is chosen to suit the student's own interest in reading genre. This book may be on the summer reading list (from a subject not previously chosen) or could be a book the student enjoys reading independently. All self-selection texts must be a minimum of 150 pages and at or above the student's reading level. Reading levels can be obtained at sources such as:

- http://teacher.scholastic.com/products/guidedreading/leveling_chart.htm
- <https://www.lexile.com/>
- <http://www.scholastic.com/bookwizard/>

To successfully complete the Summer Leadership Challenge, students must obtain an 80% or above on ALL summer book reports completed and a 90% or above on the B.O.K. assessment given in the first

3. Physical Fitness

The physical fitness component requires the student to meet or exceed a minimum standard on a variety of physical events. It is expected that each student attempting the challenge maintain high levels of physical activity over the summer to prepare for testing. The chart below quantifies between the 65%-68% percentile of the national average. These standards are between the Red National Award (50th percentile) and Blue Presidential Award (85th percentile). Students must meet these standards a minimum of four out of five events to be eligible for the Summer Challenge Award.

Testing for the summer challenge will begin on August 26th during the Middle School.

BOYS

AGE	Mile	S&R	Pull up	Sit Up	Shuttle Run
11	8:30	28	4	42	10.6
12	7:45	29	5	45	10.2
13	7:30	30	5	47	9.8
14	7:10	32	7	51	9.5
15	7:00	34	9	51	9.4

GIRLS

AGE	Mile	S&R	Pull up	Sit Up	Shuttle Run
11	10:15	32	2	37	11.0
12	10:00	33	1	40	10.9
13	9:45	35	1	41	10.7
14	9:15	37	1	42	10.6
15	9:00	39	1	43	10.5

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In addition to the reward of growing and developing as a leader, all successful challengers will be recognized with a gift during the Summer Leadership Challenge award ceremony and a lunch with Mrs. Kerrie at a later date.

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