



LEGACY

THE SCHOOL *of* SPORT SCIENCES

Return to In-Person Instruction & Continuity of Service 2022-2023

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Introduction

The safety and well-being of all students, staff, and visitors are a priority for Legacy the School of Sport Sciences (Legacy). In the fall of 2021, Legacy the School of Sport Sciences returned to all students in-person learning. Pending Texas Education Agency approval, if the district experiences high transmission that warrants closure of the district, all Legacy students may engage in asynchronous/synchronous learning through our online learning resources including Canvas, Edgenuity and Zoom. Students may request to loan a device (if needed) to facilitate the continuity of learning. Legacy will continue practices, protocols, and safety guidelines recommended by the CDC, the Texas Education Agency, and Legacy local policies. The goal is to collaboratively ensure that all students, employees, and visitors to our facility remain safe and secure to the greatest extent possible.

Legacy the School of Sport Sciences is taking appropriate actions to ensure continuity of services to students. These actions focus on addressing students' academic, social, emotional, and mental health needs, including -

- Providing instructional materials/resources, activities, and outreach to meet the needs of students
- Providing social and emotional wellness support to students and professional development to staff
- Providing technology updates and improve infrastructure and connectivity
- Providing tutoring and in-school enrichment programs to accelerate learning
- Providing staff development to accelerate learning
- Providing extended school hours to accelerate learning
- Adding additional instructional support staff
- Adding additional certified teachers

General Information

Health and Safety

Legacy the School of Sport Sciences will continue to monitor the COVID-19 landscape. Your health and safety remain our top priority. As a result, the campus will maintain safety measures that have proved successful in protecting our students and staff. Because COVID-19 has not been totally eradicated, it is important to continue to take precautions against becoming ill and self-monitor for signs of illness.

Transmission of COVID-19

COVID-19 is spread from person to person through respiratory droplets when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or can possibly be inhaled in the lungs. The spread of the virus is more likely when people are in close contact for an extended period. It may be possible to become infected with COVID-19 by touching a surface that has the virus on it and then touching your mouth or nose. Anyone infected with the virus can spread it to others, even if the person is asymptomatic. The Centers for Disease Control and Prevention (CDC) website provides the latest information about COVID-19 transmission: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-covid-spreads.html>

Prevention and Mitigation

Self-Monitoring

Students, staff and visitors are asked to perform a preliminary COVID-19 and general health screening prior to departing for school. If symptoms are experienced, individuals should not report to school or work until evaluated by a licensed healthcare provider.

Symptoms of Covid-19 include -

- Cough
- Shortness of breath or difficulty breathing
- Loss of taste/smell
- Nasal congestion
- Sore throat
- Headache
- Fever at or above 100°F
- Vomiting/diarrhea

Quarantine, Isolation & Return to Campus

Legacy will implement isolation strategies to separate students that have non-COVID-19 illnesses from potential COVID-19 symptoms or illness. Students who show symptoms of COVID-19 at school will be evaluated and isolated in accordance with the [Department of State Health Services Rule](#). Parents will be notified to pick up their student from school if this is determined while on campus. Legacy will utilize the nurse's room in the main building as a temporary isolation facility when necessary. The nurse's clinic will be utilized for routine first aid and medication distribution.

Readmission criteria for individuals symptomatic or who have tested positive for COVID-19		
Isolation Individuals shall not go to school/work, must report his/her absence, and should isolate from others for a period of 5 days after symptom onset or positive test dates (whichever occurred first)	Return Criteria Individuals may return to work after 5 days of isolation if all symptoms are improving or resolved and fever (100.0 F or above) has been absent for at least 24 hours without using fever-reducing medication	Early-Return Criteria Individuals may return to school/work in fewer than 5 days of isolation with written clearance from a licensed healthcare provider or a dated, negative COVID-19 test.

Testing

Listed below are resources to access free or low-cost COVID-19 tests. Legacy students and staff are encouraged to utilize these resources as necessary to plan and monitor health status.

Department of Health and Human Services

Order Free At-Home Tests

<https://www.covid.gov/tests>

ExpressTest MyHealthSight

At-Home COVID-19 Testing. \$0 Out-of-Pocket.

<https://www.expresstestmhs.com/>

All Harris Health Department Testing Sites

Operation hours may vary based on location. Multiple locations available.

<https://www.houstonhealth.org/services/disease-prevention/covid-19/testing>

<https://covidcheck.hctx.net/>

CVS Health (CVS Pharmacy)

Operation hours may vary based on location. Multiple locations available.

<https://www.cvs.com/minuteclinic/covid-19-testing>

Walmart

Operation hours may vary based on location. Multiple locations available.

<https://www.doineedacovid19test.com/>

Vaccinations

According to the CDC, vaccination is currently the leading public health strategy to end the COVID-19 pandemic. Legacy encourages all eligible staff and students to receive the COVID-19 vaccine. Please see the list of vaccine resources below.

Provider Name	Public Phone Number	Public Registration or Website
Harris County Public Health	832-927-8787	https://vacstrac.hctx.net/landing
Houston Health Department	832-393-4220	https://www.houstonhealth.org/services/disease-prevention/covid-19/vaccines
Memorial Hermann Hospital	832-772-2864	https://memorialhermann.org/covid19vaccine
Houston Methodist Hospital		https://www.houstonmethodist.org/coronavirus/coronavirus-resources/
HEB Pharmacy	Check Availability at Your Local Pharmacy	https://vaccine.heb.com/
Walgreens	Check Availability at Your Local Pharmacy	https://www.walgreens.com/findcare/schedule-vaccine?ban=covid_scheduler_brandstory_main_March2021
Randalls Pharmacy	Check Availability at Your Local Pharmacy	https://www.randalls.com/pharmacy/covid-19.html
Kroger Pharmacy	Check Availability at Your Local Pharmacy	https://www.kroger.com/rx/covid-eligibility
CVS	Check Availability at Your Local Pharmacy	https://www.cvs.com/immunizations/covid-19-vaccine?icid=coronavirus-lp-nav-vaccine

Face Masks

Individuals should consult the CDC's [COVID-19 county tracker](#) to monitor local levels of COVID-19 cases to make informed decisions about individual prevention measures, including the optional use of a face mask. Should they be worn, student and employee face masks must be appropriate for school and must be non-offensive, not considered derogatory, or otherwise disrespectful to team members or visitors. Logos, graphics, and designs must be professionally appropriate as outlined in Legacy's policy.

General Hygiene

To promote good hand hygiene, the campus is equipped with soap dispensers in all restrooms and hand sanitizer dispensers in all classrooms. Students, staff, and parents will frequently be reminded of good hygiene practices, including frequent and thorough handwashing, using hand sanitizer, and covering coughs and sneezes. Posters on how to wash hands properly will be posted in all restrooms.

Cleaning and Disinfection

Legacy contracted janitorial company staff will routinely clean and disinfect surfaces that are frequently touched by multiple people, such as light switches, countertops, walls, handles, etc. Staff members will also disinfect surfaces throughout the day as appropriate. Restrooms will be cleaned regularly throughout the day and at night.

Social Distancing

Legacy has posted signs and floor markings in common areas to promote social distancing. The campus will implement social distancing protocols within buildings when appropriate and based on student numbers. Individuals should keep a three-foot minimum distance when able. The CDC recommends that individuals not fully vaccinated maintain a distance of 6 feet between themselves and others in the interest of protecting those at higher risk of severe illness from COVID-19. Persons at high risk for severe illness from COVID-19 include people 65 years and older, people with underlying medical conditions such as heart disease, lung disease, asthma, diabetes, people on dialysis, people with liver disease, and people with compromised immune systems.

Classroom Considerations

Teachers will work to ensure that students keep an appropriate social distance (based on the latest public health guidance). Teachers will monitor the use of shared resources to minimize cross-contamination and promote the use of technology resources to supplement and/or replace interactive activities where reasonable/feasible.

Accommodations for Students with Disabilities

Any students who have disabilities will receive the needed accommodations to ensure their safety while they are on campus or attending any campus-related events.

Site Facilitators

The CAO/Principal and Department Heads will be responsible for compliance with the following:

- Screening
- Social distancing
- Personal Protection Equipment for Students/Employees/Guests
- Cleaning Supplies (individual use)
- Signage standards
- Entrances, exits, and unidirectional traffic flow for students, staff, and guests
- Visitor processes
- Other safety procedures and protocols, as deemed necessary

Response

If an individual who has visited Legacy's campus is confirmed to have COVID-19, Harris County Public Health will be notified. Community members may visit the [Harris County Public Health dashboard](#) for local COVID-19 case count data.

Coordination with State and Local Health Officials

Legacy will remain in communication with local health and state officials concerning and changes or safety updates pertaining to COVID-19. These changes will be updated (when appropriate) and included in the six-month update to Legacy stakeholders.

General Guidelines for Staff

Health and Employee Safety

Legacy the School of Sport Sciences continues to monitor the progression of COVID-19 and its resulting variants. Your health and safety remain our top priority. As a result, the campus continues to implement a variety of safety measures and to scale safety efforts as quickly as possible to keep employees safe. Health and Safety Protocols include the following:

1. All employees shall self-report a diagnosis or exposure to COVID-19 prior to reporting to work.
2. Employees and students may choose to wear a mask. Masks will be available upon request.
3. All employees will be required to follow CDC recommendations for proper hygiene.
4. The campus may provide work area Plexiglass shields, signage, or other barriers to promote social distancing.
5. The campus may provide other appropriate protective gear such as gloves should the need be determined by an employee's job responsibilities. The higher an employee's risk, the more protection may be required.
6. The campus will provide disinfectant supplies for employee use in their work area

7. The campus will require any employee who is diagnosed with COVID-19 to use available leave, as appropriate, during the illness and not return to work until the employee completes 5 days of isolation, all symptoms are improving or resolved, and fever (100.0 F or above) has been absent for at least 24 hours without using fever-reducing medication. Employees may return to work in fewer than 5 days of isolation with written clearance from a licensed healthcare provider or a dated, negative COVID-19 test.

8. If you are unable to return to work for any reason as directed, you should contact the Business Office to discuss potential leave that may be available to you. You should notify your immediate supervisor at your earliest convenience.

9. For your safety at work, all visitors will be subject to the same self-reporting and health screening process before entering the campus facilities.

Absences

COVID-19 Related Absences should be reported to your supervisor as soon as symptoms or exposure occurs. Your supervisor will provide guidance for reporting symptoms/exposure. An employee's accrued local leave may be used during the absence. The campus will follow board policy for COVID-19 related absences. If an employee tests positive or has symptoms that require the employee to be out longer than the allotted hours, the employee will need to apply for Family Medical Leave and use accrued local leave.

COVID-19 Points of Contact

<p>CAO/Principal Ralph Butler 726-666-3272 ralphbutler@legacymhs.org</p>	<p>Registrar/Testing Coordinator/Dual Credit Coordinator Helen Wiltz 726-666-3272 Helen.wiltz@legacysss.org</p>
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