



LEGACY

THE SCHOOL *of* SPORT SCIENCES

Return to In-Person Instruction & Continuity of Service 2023-2024

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Introduction

The safety and well-being of all students, staff, and visitors are a priority for Legacy the School of Sport Sciences (Legacy). In the fall of 2021, Legacy the School of Sport Sciences returned to all students in-person learning. Pending Texas Education Agency approval, if the district experiences high transmission that warrants closure of the district, all Legacy students may engage in asynchronous/synchronous learning through our online learning resources including Canvas, Edgenuity, and Zoom. Students may request to loan a device (if needed) to facilitate the continuity of learning. Legacy will continue practices, protocols, and safety guidelines recommended by the CDC, the Texas Education Agency, and Legacy local policies. The goal is to collaboratively ensure that all students, employees, and visitors to our facility remain safe and secure to the greatest extent possible.

Legacy the School of Sport Sciences is taking appropriate actions to ensure continuity of services to students. These actions focus on addressing students' academic, social, emotional, and mental health needs, including -

- Providing instructional materials/resources, activities, and outreach to meet the needs of students
- Providing social and emotional wellness support to students and professional development to staff
- Providing technology updates and improve infrastructure and connectivity
- Providing tutoring and in-school enrichment programs to accelerate learning
- Providing staff development to accelerate learning
- Providing extended school hours to accelerate learning
- Adding additional instructional support staff
- Adding additional certified teachers

General Information

Health and Safety

Legacy the School of Sport Sciences will continue to monitor the COVID-19 landscape. Your health and safety remain our top priority. As a result, the campus will maintain safety measures that have proved successful in protecting our students and staff. Because COVID-19 has not been totally eradicated, it is important to continue to take precautions against becoming ill and self-monitor for signs of illness.

Transmission of COVID-19

COVID-19 is spread from person to person through respiratory droplets when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or can possibly be inhaled in the lungs. The spread of the virus is more likely when people are in close contact for an extended period. It may be possible to become infected with COVID-19 by touching a surface that has the virus on it and then touching your mouth or nose. Anyone infected with the virus can spread it to others, even if the person is asymptomatic. The Centers for Disease Control and Prevention (CDC) website provides the latest information about COVID-19 transmission: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-covid-spreads.html>

Prevention and Mitigation

Self-Monitoring

Students, parents, employees, and visitors are required to self-monitor for illness and should not enter the school building or bus when sick or experiencing symptoms of a recognized communicable disease.

Employees

- Employees are required to self-monitor and are encouraged to stay home and follow the notification procedures set by their campus or department for any communicable disease. It is the employee's responsibility to notify the appropriate campus administrator and/or department supervisor if they have a positive communicable disease diagnosis.

Students

- Parents and guardians are advised to monitor their children and check for symptoms of a communicable disease before sending their children to school. Children should stay home when sick or exhibiting symptoms of a communicable disease.
- Visitors
All scheduled visitors must self-monitor for symptoms and stay home when sick.

Quarantine, Isolation, & Return to Campus

Legacy will implement isolation strategies for students exhibiting symptoms of a recognized communicable disease, such as COVID-19. Parents will be notified to pick up their student from school if this is determined while on campus. Legacy will utilize the nurse's room in the main building as a temporary isolation facility when necessary. The nurse's clinic will be utilized for routine first aid and medication distribution. If a student becomes infected with a communicable disease, they must notify their campus, stay home and isolate following [CDC guidelines](#).

All Legacy staff must self-monitor and will be required to isolate they are exhibiting symptoms of a recognized communicable disease. If staff are at work when symptoms present, they must leave immediately. Otherwise, they are instructed to remain at home and notify their immediate supervisor. In the interest of all Legacy stakeholders, staff experiencing symptoms of illness are strongly encouraged to seek medical attention and get tested and vaccinated for communicable diseases. Employees must stay home when sick and can utilize accrued local leave, as necessary. If an employee tests positive or has symptoms that require the employee to be out longer than their allotted hours, the employee will need to apply for Family Medical Leave.

Testing

Listed below are resources to access free or low-cost COVID-19 tests. Legacy students and staff are encouraged to utilize these resources as necessary to plan and monitor health status.

Department of Health and Human Services

Order Free At-Home Tests

<https://www.covid.gov/tests>

ExpressTest MyHealthSight

At-Home COVID-19 Testing. \$0 Out-of-Pocket.

<https://www.expresstestmhs.com/>

All Harris Health Department Testing Sites

Operation hours may vary based on location. Multiple locations available.

<https://www.houstonhealth.org/services/disease-prevention/covid-19/testing>

<https://covidcheck.hctx.net/>

CVS Health (CVS Pharmacy)

Operation hours may vary based on location. Multiple locations available.

<https://www.cvs.com/minuteclinic/covid-19-testing>

Walmart

Operation hours may vary based on location. Multiple locations available.

<https://www.doineedacovid19test.com/>

Vaccinations

According to the Centers for Disease Control and Prevention and the American Academy of Pediatrics, full vaccination is the best defense against all communicable diseases. Details regarding vaccination locations, assistance, and more can be found at <https://www.houstonhealth.org/services/clinical/immunizations>.

Additional local resources are listed below:

Provider Name	Public Phone Number	Public Registration or Website
Harris County Public Health	832-927-8787	https://vacstrac.hctx.net/landing
Houston Health Department	832-393-4220	https://www.houstonhealth.org/services/disease-prevention/covid-19/vaccines
Memorial Hermann Hospital	832-772-2864	https://memorialhermann.org/covid19vaccine
Houston Methodist Hospital		https://www.houstonmethodist.org/coronavirus/coronavirus-resources/
HEB Pharmacy	Check Availability at Your Local Pharmacy	https://vaccine.heb.com/
Walgreens	Check Availability at Your Local Pharmacy	https://www.walgreens.com/findcare/schedule-vaccine?ban=covid_scheduler_brandstory_main_March2021
Randalls Pharmacy	Check Availability at Your Local Pharmacy	https://www.randalls.com/pharmacy/covid-19.html
Kroger Pharmacy	Check Availability at Your Local Pharmacy	https://www.kroger.com/rx/covid-eligibility
CVS	Check Availability at Your Local Pharmacy	https://www.cvs.com/immunizations/covid-19-vaccine?icid=coronavirus-lp-nav-vaccine

Face Masks

The governor of Texas has declared ([GA-36](#)) that public school districts may not require students, school staff, or visitors to the school to wear a mask. Therefore, the wearing of masks will be optional for everyone unless a new Public Health Order changes the current order. School systems must allow individuals to wear a mask if they choose

to do so. Individuals should consult the CDC's [COVID-19 county tracker](#) to monitor local levels of COVID-19 cases to make informed decisions about individual prevention measures, including the optional use of a face mask. Should they be worn, student and employee face masks must be appropriate for school and must be non-offensive, not considered derogatory, or otherwise disrespectful to team members or visitors. Logos, graphics, and designs must be professionally appropriate as outlined in Legacy's policy.

General Hygiene

To promote good hand hygiene, the campus is equipped with soap dispensers in all restrooms and hand sanitizer dispensers in all classrooms. Students, staff, and parents will frequently be reminded of good hygiene practices, including frequent and thorough handwashing, using hand sanitizer, and covering coughs and sneezes. Posters on how to wash hands properly will be posted in all restrooms.

Wash your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Cover Coughs and Sneezes

- If you are wearing a mask: You can cough or sneeze into your mask. Put on a new, clean mask as soon as possible and wash your hands.
- If you are not wearing a mask:
 - Always cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow and do not spit.
 - Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Cleaning and Disinfection

Legacy contracted janitorial company staff will routinely clean and disinfect surfaces that are frequently touched by multiple people, such as light switches, countertops, walls, handles, etc. Staff members will also disinfect surfaces throughout the day as appropriate. Restrooms will be cleaned regularly throughout the day and at night.

Social Distancing

School staff/administrators will work with individual students and families regarding any social distancing needs.

Accommodations for Students with Disabilities

Any students who have disabilities will receive the needed accommodations to ensure their safety while they are on campus or attending any campus-related events. Legacy will follow guidance provided by TEA in the [Students with Disabilities Planning Supports Guidebook](#). ARD committees under the direction of the campus principal will determine individualized support for identified students with disabilities.

Response

Coordination with State and Local Health Officials

Legacy will remain in communication with local health and state officials concerning changes or safety updates pertaining to COVID-19. These changes will be updated when appropriate and included in the six-month update to Legacy stakeholders.

COVID-19 Points of Contact

CAO/Principal Ralph Butler ralphbutler@legacymhs.org	Registrar/Testing Coordinator/Dual Credit Coordinator Helen Wiltz Helen.wiltz@legacysss.org
713-400-7848	